ressourcenreich
NeuroDeeskalation®

NEURODEESKALATION®

Literaturliste

Deutsche und englische Quellen

Thematisch geordnete Literatur zu Trauma, Bindung, Regulation und den wissenschaftlichen sowie praktischen Grundlagen der NeuroDeeskalation.

316 Quellen · 16 Themenbereiche

QUELLENARTEN

BUCH · Monografien und Sammelbände

STUDIE · Empirische Untersuchungen

SONSTIGE QUELLE · Fachtexte, Berichte und Medien

Reviews, Metaanalysen und Preprints sind gesondert bezeichnet. Die Zuordnung beschreibt die Quellenart, nicht die Beweiskraft für NeuroDeeskalation.

Überarbeitete Fassung · 18. Oktober 2026

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Hinweise zur Nutzung

Die Einträge sind thematisch und nach Autor geordnet. Titel bleiben in ihrer Originalsprache; DE und EN kennzeichnen die Sprache. Zuvor markierte Angaben wurden anhand belegbarer Quellen ergänzt oder korrigiert; nicht eindeutig klärbare Einträge wurden entfernt. Bei fehlender Ausgabe wurde eine nachgewiesene Ausgabe gewählt. Undatierte Websites tragen ein Abrufdatum.

01 NeuroDeeskalation und menschenwürdige Versorgung

Haltung, Rechte und institutionelle Praxis

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Colucci, E. (2024). ‘Breaking the chains’: reflections on the making of an ethnographic documentary on human rights violations against people with mental illness in Indonesia. Visual Studies, 39(3), 307-320. https://doi.org/10.1080/1472586X.2023.2274892

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02 Neurobiologie und emotionale Verarbeitung

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03 Gefahrensystem und Orientierungsreaktionen

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04 Trauma und kindliche Entwicklung

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05 Bindung und soziale Regulation

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Brisch, K. H. (2012). Treating Attachment Disorders: From Theory to Therapy (2nd ed.). Guilford Press.

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06 Sicherheit und Körperwahrnehmung

Polyvagaltheorie, Interozeption und Herzratenvariabilität

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