NEURODEESKALATION®

Literaturliste

Deutsche und englische Quellen

Thematisch geordnete Literatur zu Trauma, Bindung, Regulation und den wissenschaftlichen sowie praktischen Grundlagen der NeuroDeeskalation.

318 Quellen · 16 Themenbereiche

QUELLENARTEN

BUCH · Monografien und Sammelbände

STUDIE · Empirische Untersuchungen

SONSTIGE QUELLE · Fachtexte, Berichte und Medien

Reviews, Metaanalysen und Preprints sind gesondert bezeichnet. Die Zuordnung beschreibt die Quellenart, nicht die Beweiskraft für NeuroDeeskalation.

18. Oktober 2026

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Hinweise zur Nutzung

Die Einträge sind thematisch und innerhalb der Themen nach Autor geordnet. Deutsche und englische Titel bleiben in ihrer Originalsprache; die Kennzeichnung DE oder EN erleichtert die Auswahl. † kennzeichnet unvollständige, verkürzte oder widersprüchliche bibliografische Angaben, die vor einer Veröffentlichung zu prüfen sind.

01 NeuroDeeskalation und menschenwürdige Versorgung

Haltung, Rechte und institutionelle Praxis

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02 Neurobiologie und emotionale Verarbeitung

Emotionen, Gehirn und somatische Marker

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Azevedo, F. A., et al. (2009). Equal numbers of neuronal and nonneuronal cells make the human brain an isometrically scaled-up primate brain. Journal of Comparative Neurology, 513(5), 532-541. †

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03 Gefahrensystem und Orientierungsreaktionen

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04 Trauma und kindliche Entwicklung

Psychotraumatologie, Traumapädagogik und Resilienz

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Baierl, M., & Frey, K. Praxishandbuch Traumapädagogik. Lebensfreude, Sicherheit und Geborgenheit für Kinder und Jugendliche. Vandenhoeck & Ruprecht. †

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Bellis, M. A., Hughes, K., Leckenby, N., Hardcastle, K. A., Perkins, C., & Lowey, H. (2015). Measuring mortality and the burden of adult disease associated with adverse childhood experiences in England: A national survey. Journal of Public Health, 37(3), 445- 454. https://doi.org/10.1093/pubmed/fdu065

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05 Bindung und soziale Regulation

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Bowlby, J. (1951). Maternal Care and Mental Health. World Health Organization.

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06 Sicherheit und Körperwahrnehmung

Polyvagaltheorie, Interozeption und Herzratenvariabilität

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08 Mentalisierung und soziales Verstehen

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12 Gewaltfreier Widerstand und Konfliktklärung

Neue Autorität, Scham, Krisenkommunikation und NVR

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